JAMES OWEN DUBÉ, BSC, BSW, MSW, RSW

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PROFILE

- A forensic mental health clinician working primarily in sexual and intimate partner violence. Holds a Bachelor of Social Work from University of Victoria, a Bachelor of Science from Dalhousie University, and a Master of Social Work from University of Waterloo. Facilitates a wellness group for male-identified perpetrators of intimate partner violence and a group for male-identified victims of sexual abuse offered online and in-person. Offers individual, trauma-specific therapy to adults and youth of all genders who use or experience violence. A clinical member of the Association for the Treatment and Prevention of Sexual Abuse. Conducts forensic assessments for family and criminal Courts.

EXPERIENCE

- **Clinic Manager** (2019-present, paid employment)
  Case Manager (2016-2019, paid employment)
  Intern (2015-2016, BSW practicum)
  The Peoples' Counselling Clinic
  Since 2015, I have held progressive roles at The Peoples' Counselling Clinic (registered as a society in 2017).
  - Provide direct Social Work services in forensic mental health and pro-bono counselling services.
  - Conduct assessments and complete reports for criminal Justice and family Court proceedings.
  - Supervise interns and other clinicians in monthly community of practice meetings.
  - Maintain daily operations of clinic, including direct supervision of interns.
  - Liaise with community members and professionals, staff and NGO partners, members of the media, academics, and others (including local university administration, Justice and law enforcement personnel, Department of Community Services staff, and addictions and mental health professionals).
  - Collaborate with other professionals and paraprofessionals to develop new services, promote referrals, and ensure integration of services.
  - Develop logic models, theories of change, and other evaluation and promotional materials.
  - Provide case management for clients from contexts including deviant sexual behaviour and victimization, intimate partner violence, mental health, addictions, child welfare, adult, and youth criminal justice.
  - Develop and facilitate groups related to sexual trauma and gender.
  - Complete new intakes for ManTalk and pro-bono counselling clinic.

- **Nova Scotia College of Social Workers Clinical Committee Member**
  (2021-present, unpaid civic involvement)
  Nova Scotia College of Social Workers
  "The clinical committee will work to strengthen clinical social work practice in Nova Scotia by exploring the regulatory tools best positioned to serve and protect the public interest; preserve the integrity of the clinical practice within the social work profession;

and maintain public confidence in the ability of the social work profession to regulate itself."

- Identify clear scope of practice for clinical social work.
- Examine all risks to the public associated with the delivery of clinical social work services.
- Examine regulatory tools best positioned to mitigate risks.
- Develop rationale and recommendations and propose policy for the successful regulation of clinical social work in Nova Scotia.

- **National Alcohol Use Disorder Treatment Guideline Committee Member**
  (2021-present, unpaid civic involvement)
  British Columbia Centre on Substance Use
  "A committee of national experts - including clinicians, researchers, policymakers, and people with lived experience of alcohol use and recovery – are working together to develop a Canadian treatment guideline with the goal of improving education on available treatments, and ultimately care, for Alcohol Use Disorder"
  - Committee members attend meetings, complete surveys, and review the guideline evidence and recommendations.
  - The project is coordinated by the BC Centre on Substance Use and funded by Health Canada.

- **Trafficking and Exploitation Services Systems Regional Working Group Member**
  (2020-present, unpaid civic involvement)
  YWCA Halifax
  "A Turning Point for Women"
  - Collaborate with various providers of direct services to develop a protocol for working with victims and survivors of human trafficking from initial disclosure to intervention.
  - Map local resources for working with victims and survivors and identify gaps in services.

- **Practicum Student** (May 2018-December 2018, MSW Practicum)
  Nova Scotia Health Authority
  "Healthy People, Healthy Communities— for Generations"
  - Worked primarily in intensive care unit and emergency department.
  - Completed psychosocial assessments.
  - Navigated patients to appropriate geriatric, mental health and addiction services within Nova Scotia Health Authority and IWK Health Centre.
  - Provided support for family members and caregivers.
  - Completed referrals to community agencies and provide information about community resources to patients and families.
  - Facilitated end-of-life conversations, assist with personal directives and substitute decision maker selection.
  - Completed suicide risk assessment.
  - Reported cases requiring adult or child protection services.
  - Collaborated with Continuing Care and facilitated arrangements for home supports for patients, family, and caregivers.

- **Youth Care Worker** (2016-2017, paid employment)
  HomeBridge Youth Society

"Health, Safety, Harmony"

- Followed currently recognized best practices in residential youth care.
- Wrote reports and corresponded with Social Workers, police officers, and medical professionals to ensure continuity of care.
- Connected with young people and family members who are resistant to developing relationships.
- Collaborated with team members to provide effective therapeutic relationships between youth and caregivers.
- Provided suicide intervention, non-violent crisis intervention, and other supports when required.

- **Trauma Informed Care Working Group Member** (2015-2016, unpaid civic involvement) IWK Health Centre
  "Creating a safe and secure trauma informed working environment"
  - Discussed issues in physical environments and procedures that are traumatizing to patients, family, and staff.
  - Viewed practice issues and solutions using a patient and family-centred lens.
  - Provided feedback on documents used to guide professionals in becoming trauma informed at interagency and systems levels.

- **Practicum Student** (2015, BSW practicum)
  Shift Worker (2015-2016, paid employment)
  Alcare Place
  "We are a not-for-profit organization dedicated to the rehabilitation of addicted persons with a commitment to recovery"
  - Facilitated groups and developed counselling skills.
  - Assisted participants in transition planning.
  - Fostered working relationships with other agencies.
  - Completed new intakes.
  - Directed new and potential participants to community resources.

- **Public Advisory Group Member** (2014-2016, unpaid civic involvement)
  Nova Scotia Health Authority
  "Central Management Zone Addictions and Mental Health Program Public Advisory Group"
  - Engaged members of the public in discussions surrounding issues in addictions and mental health treatment.
  - Advised executive leadership team on solutions to issues experienced by people accessing services.
  - Offered feedback on websites, programs, and public engagement processes.

- **Student Representative** (2014-2016, unpaid student government involvement)
  University of Victoria
  "Between October and April all student representatives across the country teleconference with a faculty member to share ideas and to discuss issues pertaining to the student body"
  - Acted as point of contact for students facing challenges.
  - Discussed challenges students face and relevant improvements to policy.
  - Piloted course in alternative self-care practices for Social Work students (designed by faculty).

- Initiated a mentoring program for incoming students.

- **Ideafest Planning Committee Member** (2014-2015, unpaid student involvement)
  University of Victoria
  "Indigenous Social Work in a Neoliberal Era"
  - Collaborated with other students and staff to make logistical arrangements for the School of Social Work to be represented at Ideafest.
  - Prepared and submitted artwork for the event.
  - Selected and invited panelists to share.

- **Science and Math Tutor** (2014, paid employment)
  Schooltutoring.com
  "Affordable home tutoring programs designed for busy families"
  - Explained complex concepts to students facing barriers to learning.
  - Assisted children in mathematics and science courses.
  - Prepared students for standardized testing.
  - Mentored children with different needs.

EDUCATION

- **Master of Social Work** (2019)
  University of Waterloo

- **Bachelor of Social Work with Distinction** (2016)
  University of Victoria

- **Bachelor of Science with Honours in Neuroscience** (2005)
  Dalhousie University

- **Professional Development** (ongoing)
  - TESS Human Trafficking Conference, 2022 (Trafficking and Exploitation Services System).
  - The Homefront Model: An Evidence-Based Response to Domestic Violence (Homefront).
  - Campus Sexual Misconduct: Preventing and Responding to Perpetration (MASOC).
  - Understanding Offenders and Offending: National Problem-Solving Courts Conference (Nova Scotia Courts).
  - Understanding the Foundations of Dialectical Behavioural Therapy (Stanford, Dr. Stephanie Clarke).
  - Dialectical Behaviour Therapy (Monmouth University, Lindsey Capelli and Katelin Weisser).
  - Halifax Domestic Violence Court Programme (panel speaker, Canadian Domestic Violence Conference 2020).
  - Assessing Parenting Capacity (Robert S. Wright, MSW, RSW)
  - Intimate Partner Violence Risk Assessment: Implications for Women's Safety (NSACSW, Jacquelyn Campbell, PhD, RN, FAAN)
  - Let's Unpack the Man Box (panel speaker, Sexual Health Awareness Week, Dalhousie Student Health Promotion)
  - Trauma Informed Care Education Event (IWK)
  - NVCI, ASIST

- Client-centred Mental Health and Addictions Systems (NSCSW/CASW, Todd Leader, RSW)
- Supporting Survivors of Sexual Violence (DCS)
- Developing Capacity to Respond to Intimate Partner Violence Situations (CASW, Rina Arseneault, C.M., MSW, RSW)
- Acting as Allies to Women Counter Storying their experiences of Sexual Violence. (CASW, Rina Arseneault, C.M., MSW, RSW, Sue McKenzie-Mohr, PhD, MSW, RSW)
- Trauma Informed Practice in Nova Scotia (BCCEWH)
- Halifax Restorative Justice Conference 2015 (CJS)
- Intimate Partner Violence and BDSM (NCSF)
- Suicide Awareness and Intervention (CTRI, Tricia Klassen, MSW, RSW)
- Standard First Aid and CPR Level C with AED
- Mental Health First-aid

SCHOLARSHIPS AND AWARDS

- Anita Allardice Lancaster Scholarship ($1,900)
  "A scholarship is awarded to a full-time student who is entering year four in the School of Social Work. Academic standing and participation in university or community affairs will be considered".
- Chancellor's Scholarship ($28,000)
- Laing Undergraduate Student Research Award (~$6,000)
- Warr Undergraduate Student Research Award (~$6,000)
- NSERC Undergraduate Student Research Award (~$6,000)
- Governor General's Academic Medal (2001)

ACTIVITIES

- **Candidacy Mentor** (2020-2022), Nova Scotia College of Social Workers
- **Clinical Member** (2020-present), Association for the Treatment and Prevention of Sexual Abuse
- **Private Practitioner** (2021-present), Nova Scotia College of Social Workers
- **Registered Social Worker** (2018-present), Nova Scotia College of Social Workers
- **Social Worker Candidate** (2016-2018), Nova Scotia College of Social Workers
- **Student Member** (2015-2016), Nova Scotia Association of Social Workers
- **Member** (2015-2016), Youth Project Ally Network
- **Volunteer** (2014-2015), Daily Bread Outreach Program
- **Volunteer** (2003-2005), Scouts Canada